

**Appln No. 10/692,705**

**Amdt date January 3, 2006**

**Reply to Office action of October 3, 2005**

**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in the application:

**Listing of Claims:**

Claims 1-9 (Canceled)

10. (Currently Amended) A method for recording ingestible products consumed comprising:

providing a template on at least one of a periphery of a package and a container containing an ingestible product; the template comprising a recordable surface and an entry field for recording information about the ingestible product; and

recording at least one of quantity of ingestible product consumed and a time a quantity of ingestible product was consumed on the template; and

recording a quantity of ingestible product consumed by each of two or more different individuals.

11. (Previously presented) The method for recording ingestible products consumed of claim 10, wherein the quantity ingested and the time the quantity was ingested are both recorded on the template.

12. (Canceled)

13. (Previously presented) The method for recording ingestible products consumed of claim 10, wherein the template comprises one or more pre-formatted fields.

14. (Previously presented) The method for recording ingestible products consumed of claim 10, wherein the template comprises adhesive for affixing on the at least one of a periphery of a package and a container containing an ingestible product.

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15. (Currently Amended) The method for recording ingestible products consumed of claim 10, wherein the template comprises either an POST IT® type adhesive backed note pad or a note pad comprising tear lines.

16. (Previously presented) The method for recording ingestible products consumed of claim 10, wherein the template comprises part of a surface of the periphery of the package or the container.

17. (Previously presented) The method for recording ingestible products consumed of claim 10, further comprising an identifier.

Claims 18-26. (Canceled)

27. (Withdrawn – Currently Amended) The template of claim 132, further comprising a writing instrument ~~removeably secured to the container~~positioned adjacent the template.

28. (Withdrawn – Currently Amended) The template of claim 132, further comprising a pocket, wherein the template is positioned inside a receiving space of the pocket.

29. (Withdrawn – Currently Amended) The template of claim 132, further comprising a security shrink wrap wrapped over the template ~~and container~~.

30. (Currently Amended) A template for recording information about an ingestible product ~~consumed by an individual~~ comprising:

a first writing recordable medium comprising:

a plurality of sides;

a plurality of lines printed on the medium, the plurality of lines defining ~~at least one~~a plurality of entry fields for entry of information about the ingestible product ~~consumed~~, and a pre-formatted field comprising at least one printed word, said at least one printed word

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conveying a message information for recording information related to the ingestible product a time representing a future event; and

~~a second writing medium positioned subjacent the first writing medium, said second writing medium comprising a plurality of lines printed on the medium, the plurality of lines defining at least one entry field for entry of information about the ingestible product consumed, and a pre-formatted field comprising at least one printed word, said at least one printed word conveying a message for recording information related to the ingestible product.~~

31. (New) The template of claim 30, further comprising a first name entry associated with the at least one printed word and a second name entry in combination with a time entry, said time entry indicative of a future event.

32. (New) A template for recording consumed medication dosages comprising:  
a recordable medium for recording information about the consumed medication comprising a plurality of sides,

adhesive for applying the recordable medium to a surface,

a plurality of lines printed on the recordable medium defining a plurality of entry fields for recording information, and a first printed time indicia indicating a first time a first dosage of medication was consumed and a second printed time indicia indicating approximately a second time a second dosage of medication is to be consumed, which defines a time interval between the first dosage and the second dosage, and wherein the time interval is based on a recommended range for a particular age group.

33. (New) The template of claim 32, wherein the plurality of entry fields are arranged in one or more columns.

34. (New) The template of claim 32, wherein the recordable medium is an integral part of a label on a medication container.

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35. (New) The template of claim 32, wherein the template is an add-on feature of a medication container.

36. (New) The template of claim 35, wherein the add-on feature is a note-pad.

37. (New) The template of claim 35, wherein the add-on feature is a note pad with a peelable sheet.

38. (New) The template of claim 32, further comprising one or more pre-formatted fields on the recordable medium including at least one pre-formatted field related to volume.

39. (New) The template of claim 32, wherein the plurality of lines include two or more parallel lines.

40. (New) The template of claim 32, wherein the recordable medium is part of a periphery of a container.

41. (New) A template for recording an ingestible product consumed comprising:

a recordable surface and a plurality of entry fields for recording information related to the ingestible product,

a first entry field comprising a first name entry;

a second entry field comprising a first time entry;

a third entry field comprising a second time entry; and

wherein the first time entry and the second time entry define a time interval for consuming two distinct dosages; and wherein the second time entry represents an approximate time of a future event.

42. (New) The template of claim 41, wherein the template is part of an adhesive backed note pad.

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43. (New) The template of claim 41, wherein the template is an integral part of a medication package.

44. (New) The template of claim 41, wherein the template is an add-on feature on a medication package.

45. (New) The template of claim 44, wherein the add-on feature is a note-pad.

46. (New) The template of claim 45, wherein the add-on feature is a note pad with a peelable sheet.

47. (New) The template of claim 41, further comprising a pre-formatted field related to quantity.

48. (New) The template of claim 41, wherein the plurality of entry fields are arranged in at least two columns.

49. (New) The template of claim 41, wherein the recordable surface is part of a periphery of a container.